

Biometric Screening

identify individuals at high risk



A high percentage of Americans are living with chronic conditions — such as elevated blood pressure, blood glucose, and cholesterol — that put them at high risk for disease and disability. Many of them are unaware of their risk factors and the dangers. UPMC WorkPartners' biometric screening program encourages your employees to learn about their personal health risks. It then directs them, as appropriate, to medical care and health promotion programs that can mitigate those risks and improve your employees' quality of life and productivity — as well as your company's health care cost trend.

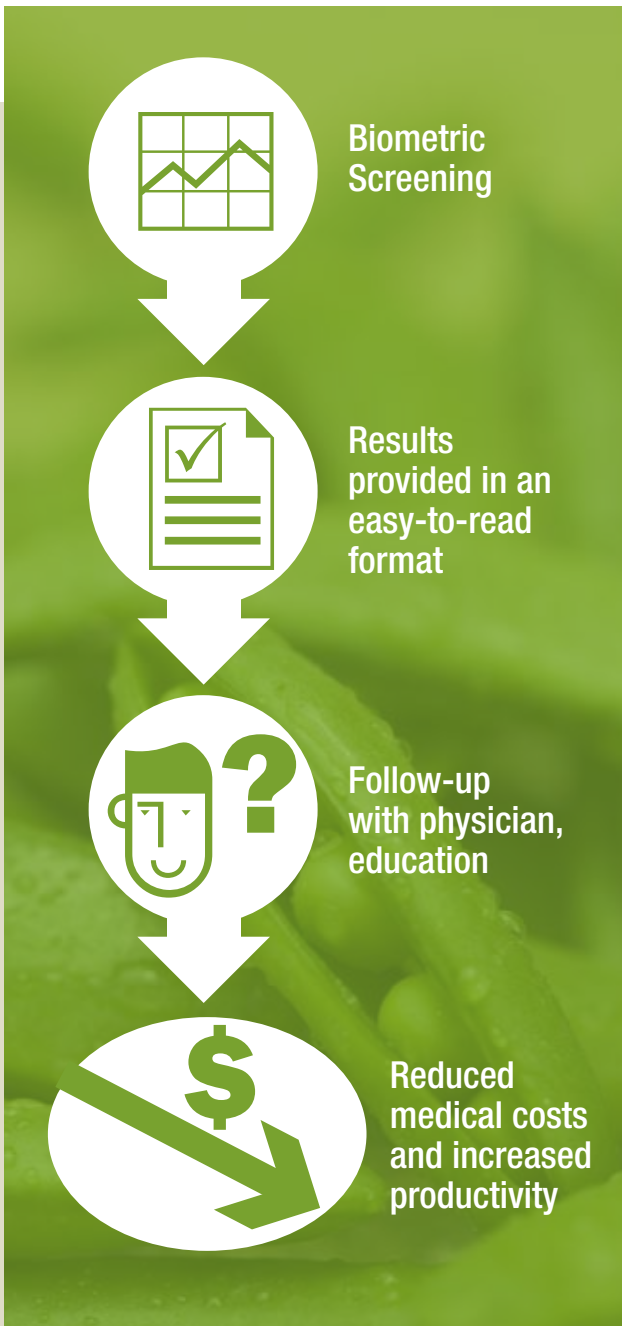


Features and Benefits for the Employer

- ❑ A biometric screening provides a baseline aggregate assessment of your employees' health status regarding obesity, blood pressure, blood glucose, total cholesterol, HDL and LDL cholesterol, and triglycerides.
- ❑ Screening results show you which kinds of messaging and programs will have the greatest impact in helping your employee population reduce its modifiable health risks.
- ❑ Customized communications are available to promote a biometric screening event.
- ❑ Convenient online and telephone scheduling are also available.
- ❑ WorkPartners' event coordinator works one-on-one with your designated contact to plan screening events and locations.
- ❑ Screenings can be scheduled at your worksite or through a network of laboratories convenient to your employees' work and home locations.

Features and Benefits for the Employee

- ❑ Screening takes just 20 minutes.
- ❑ Employees gain valuable knowledge of their health status regarding several key conditions.
- ❑ Results are provided in an easy-to-read format with an explanation of each test and recommendations for follow-up regarding any results that are outside the desirable range.
- ❑ A qualified health educator is available, in person or by phone, to review screening results and discuss programs and resources available through WorkPartners and the employer as well as in the community.
- ❑ Employees may elect to have screening results sent to their physicians.



The biometric screening assesses employees' health status regarding obesity, blood pressure, blood glucose, total cholesterol, HDL and LDL cholesterol, and triglycerides.

Options

- ❑ WorkPartners' Health Promotion Department staff are available to advise you regarding which kinds and sizes of incentives will work best to maximize participation by your employees in a biometric screening.
- ❑ Health Promotion staff also can assist with the development of biometric screening programs that include employees' spouses and can recommend incentives to support these screenings.

Engagement Strategies

- ❑ WorkPartners supports the scheduling of biometric screening events with a communications plan that includes posters, flyers, and e-mail messages.
- ❑ After receiving their screening results, employees have the opportunity to call a personal health coach to review their results in detail, enroll in WorkPartners lifestyle and chronic condition management programs, and identify available community resources.
- ❑ Employees are stratified into low-, moderate-, and high-risk categories for each of several risk factors, to facilitate additional targeted outreach by personal health coaches.

Wellness Consultation Services

- ❑ WorkPartners' Health Promotion Department staff are available to advise you on incorporating biometric screenings into your new employee orientation process. The sooner your employees are aware of any health risks they have, the sooner they can take action to reduce them.
- ❑ Health Promotion staff can help you establish and promote employee biometric screenings at regular time intervals, such as every four years, so both you and your employees can track success in mitigating health risks.
- ❑ Both chronic conditions and lifestyle health risks identified through biometric screenings are successfully addressed by our integrated team of professionals.
- ❑ Cost-effective biometric screening services and incentives work within your budget, contribute to a culture of health awareness and responsibility within your organization, and provide a sound return on investment.

Employee biometric screenings identify individuals at high risk for disease and disability. They encourage employees to seek medical attention for existing conditions and to take advantage of health education programs and resources that will enable them to enjoy a healthier, more productive future.



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