

Employee Assistance Services



We help your organization become more productive.

 **LifeSolutions**[®]



Partners in Productivity

At *LifeSolutions*, we've been providing services to address the emotional and physical concerns of employees — and positively impacting organizational productivity — for over 30 years.

By helping to address the behavioral health and personal needs of your employees, we decrease absenteeism in the workplace. *LifeSolutions* also reduces the impact of presenteeism — that is, employees' being physically present but performing at reduced capacity, usually due to non-work-related issues.

Our confidential services include:

- **Personal counseling and coaching** for behavioral health needs such as anxiety or depression, family and marital issues, workplace problems, financial concerns, and career counseling
- **Chemical dependency** triage, referral, and management
- **Disability and leave management support programs** for employees on disability or family medical leave
- **Work/Life balance resources**, accessed via phone or web, to provide information and solutions for day-to-day life issues, including child care, elder care, legal and financial questions, consumer purchases, and more

\$180 Billion

The cost in lost productivity to American employers due to presenteeism in 2006 was almost \$70 billion MORE than the cost of lost productivity and medical expenses due to absenteeism.

(SHRM, 2007)

- **Workplace trauma support services** for traumatic incidents or personal tragedy
- **Manager/supervisor support services** for organizational and employee-related issues, including performance management support, leadership training, and stress management
- **Education and training** to maximize interpersonal relationships at work

The *LifeSolutions* Difference

We work with your Human Resources department, existing health and productivity programs, and third-party vendors to decrease absenteeism and presenteeism in the workplace.

We use a consultative approach to assess employee culture and needs, then create strategies and solutions unique to your organization.

We build value-based programs that are affordable and cost effective.

We use a comprehensive implementation process, including ongoing marketing and promotional support, to help you achieve your desired outcomes.

Contact *LifeSolutions* today.



73%

Productivity improvement after employees use EAP services.

(Journal of Employee Assistance, 2004)

Our Clients Speak:

*“LifeSolutions provides a **powerful example** of how employers are discovering the importance of helping employees **become and stay healthier** through a variety of programs, all of which **promote productivity.**”*

—Renee Mattaliano, Chair, CDMSC

*“The Gateway Engineers, Inc., seeks out the **best and the brightest.** Once we have recruited them, we strive to maintain an **employee-friendly workplace.** We chose LifeSolutions for its coaching and counseling services, and also for the **valuable work-life balance** and **stress relief** programs that LifeSolutions is able to provide at our annual Wellness Day and Benefits Fair.”*

—Kim Kyriakis, Human Resources Manager
The Gateway Engineers, Inc.



About *LifeSolutions*

LifeSolutions is part of UPMC WorkPartners, providing health and productivity solutions for high-performing companies throughout the United States. Our services create a comprehensive solution to your productivity needs – or effectively “plug and play” with programs you may already have in place.

- Absence Management Services
- Consulting and Data Analysis Services
- Employee Assistance Programs
- On-Site Services
- Health Management Services

**For more information,
call 1-866-229-3507 or visit
www.lifesolutionsforyou.com**

